



Knowledge is Supreme

Tolani College of Commerce (Autonomous)

तोलानी वाणिज्य महाविद्यालय (स्वायत्त)

(Sponsored and Managed by Tolani Education Society, Mumbai - 400 021)
(Recognised Linguistic (Sindhi) Minority Institution, Affiliated to University of Mumbai)

Re-Accredited (3rd Cycle) by N.A.A.C. with 'A' Grade (CGPA 3.03)

150-151, SHER-E-PUNJAB SOCIETY,
GURU GOBIND SINGH ROAD,
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College NAAC Code No. MHCOGN10577
AQAR 2021 - 2022

7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Best Practice 1: The Alumni mentored learners regarding career opportunities.

Objective of the practice: Provide guidance to the learners for making right career choices and exploring options for higher studies and professional pursuits.

The Practice:

The 'Mentoring Programme' was done via e-mails where the queries of learners were answered by the alumni.

2 Google Forms were circulated for collecting details of Alumni and Learners.

Evidence of Success: The learners were able to take academic guidance as well as career related advice from the mentors.

Problems encountered and resources required: The time lag between the queries of the learners and the responses from the mentors needs to be addressed.





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Best Practice 2: Intervention for mental well-being of learners

Objective of the practice: To address the issues related to physical and mental well-being of learners.

The practice:

- General Counselling:

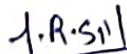
The sessions are conducted on a one-to-one basis and are offered free of cost to the learners of the College. Due to Covid restrictions, these sessions were conducted online.


- Short-term Course in Physical and Mental Wellness:

The course was offered in online mode for a duration of more than 30 hours where learners were trained in yoga, general physical fitness and mental well-being.

Evidence of Success: Number of learners who consulted General Counsellor in the last academic year and completed the Short-term Course.

Problems encountered and resources required: Learners need to be encouraged to approach the general counsellor and learners engagement was an issue in the short-term course as the sessions were conducted online.


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